

The Pahad and Plate

"Himalayan Taste, Modern Twist"

MENU

Mains

Nepalese Dumpling (Momo)

The authentic taste of Nepal with our delicious, handcrafted Momo—juicy dumplings filled with seasoned chicken or veggies and wrapped in delicate dough. Steamed to perfection, served with our home made tomato and Timur achar.

	Steam	Jhol(broth)	C Momo
Chicken	\$13.99	\$14.99	\$14.99
Veg	\$12.50	\$13.99	\$13.99

Himalayan Goat Ragu Pappardelle \$21.50

"A soul-warming fusion of Succulent goat meat, marinated in bold Himalayan spice, slow-cooked for 8 hours with onions, garlic, celery, and fresh coriander until fall-apart tender. Served pappardelle pasta, this rich, aromatic ragu is finished with a snowfall of aged Parmesan cheese."

Nepalese Kima Noodles..... \$15.30

Stir-fried noodles tossed with spiced chicken minced meat in a fiery blend of Himalayan spices. Loaded with seasonal vegetables and Bok choy and home made chilli oil.

Nepalese Momein

Wok-tossed golden noodles fired over high heat with crunchy bell peppers, carrots, and spring onions, nestle with steam Momo and infused with a bold mix of Himalayan spices, soy sauce, topped with green herbs.

Chicken \$16.20

Veg \$13.99

Himalayan Alu Thukpa

*A soul-warming noodle soup brimming with hand-pulled noodles, tender chunks of **chicken**, and garden-fresh veggies in a fragrant broth steeped with mountain herbs topped with Himalayan spices Potato patties (Alu Chop).*

Chicken \$17.10

Veg \$16.20

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Sekuwa Set\$16.20

"Juicy, smoky grilled meat marinated in a blend of Himalayan spices, charred to perfection over flame. Served with crispy Furundana (puffed rice), and potato and cucumber achar.

Crispy Pork\$17.99

Tender pork, marinated in aromatic home made Himalayan spices and fried to golden perfection, served with a side of potato & cucumber achar and crunchy Furundana(puffed rice).

Nepali Curry & Rice Deal – A Taste of Tradition!

The heartwarming Taste of Nepal with our authentic Nepalese curry, slow-cooked with a rich blend of traditional spices. Tender pieces of your choice of protein simmer in a luscious, aromatic gravy, steam rice and Cucumber and potato achar.

Goat \$17.99

Chicken \$14.99

Veg \$12.99

Kids Meal

Dino nuggets \$6.99

Kids spaghetti \$7.99

Chicken sausage \$ 4.99

Dessert

Coconut Delights\$6.99

Notes:

- ✓Vg/gf option available but traces might happen
- ✓ Spice levels adjustable

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Entree

Chicken & Prawn Bites\$11.99

Golden-fried, served with home made tomato and Timur achar

Chicken Sausage\$8.99

Served With home made tomato and Timur achar

Chicken Lollipop\$9.99

Served with home made tomato and Timur achar

Syabhaley\$9.99

A crispy, golden delight! Spiced chicken minced stuffed inside a flaky, deep-fried bread, seasoned with ginger, garlic, and Himalayan herbs. Served with home made tomato and Timur achar."

Crispy Spiced Potato Patties (Alu Chop)\$7.99

Golden, crispy-edged potato patties stuffed with of spiced potatoes, onions, and Himalayan herbs and spices, lightly coated and fried to golden. Served with home made tomato and Timur achar.

Twice-textured potatoes\$7.99

Steamed for tenderness, lightly fried for crispiness – tossed in a bold blend of Himalayan spices, fresh green herbs. Topped with roasted peanuts.

Pani Puri\$10.99

Crispy hollow puris stuffed with spiced mashed potatoes, finely chopped onions, and fresh coriander, then dunked in tangy tamarind water and a hint of chili.

Wai Wai Sadheko\$6.99

A fiery Nepali street-food classic! Crispy Wai Wai noodles tossed with crunchy roasted peanuts, fresh onions, tomatoes, coriander, and a bold blend of home made spices.